What is claimed is

A method of manufacturing a lighting unit comprising steps of;

holding a flexible circular board having a concentric circular hole and a cutout which has at least two sides in a planar state,

embedding a plurality of illuminants in said board, and

jointing one side of the cutout and the other side of the cutout of said board or holding both sides in close contact so as to form the board into a shape of a hollow truncated cone with the illuminants placed in the side of the concave face of said board,

so as to obtain the lighting unit in which a plurality of illuminants are arranged on the concave face of the board formed into a shape of a hollow truncated cone.

2. The method of manufacturing a lighting unit as defined in claim 1, wherein said board is a printed circuit board.

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